



Sherwood Pre-School
Community. Learning. Progress.

MEALS AND SNACKS POLICY

At snack times a snack bar is in operation, small groups take snacks together ensuring that play is not broken.

At lunch time the children either bring in a packed lunch from home.

Because of storage limitations parents are advised to take care when providing packed lunches, an insulated container is advised with small cool packs included.

At teatime a light tea is provided. A sample menu is displayed on the parents' notice board.

Staff will where possible sit and eat with the children at meal times. Snack and meal times are a valuable source of language and communication.

It is the responsibility of the manager to ensure that any special dietary requirements, preferences or food allergies that a child may have are recorded and staff informed.

Fresh drinking water will be available at all times.

Staff preparing meals will be trained to do so, either under the direction of a more experienced person or through training courses.

Reviewed: May 2023